

**Printing Instructions:**

1. Print Page One.
2. Once Page One is printed  
insert it face up back into printer.
3. Print Page Two.
4. Cut where indicated.
5. Fold card in half

cut

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**Have  
a  
Happy  
Period!**

**Sure they're not all that fun  
but you've only got so many  
until menopause hits which isn't  
exactly a party either.**

